To read a sentence in JAPANESE:

REMEMBER:

S T P O V

Subject (I) End with が

Time (8:00) End withに

Place (Dairy) End withで

Object (Cake) End withを

Verb (Ate)

僕が八時ににゅうぎょでケーキをたべたです。

Boku ga hachi ji ni nyu gyo de ke ki wo tabeta desu.

 I 8:00 dairy cake ate.

I ate cake at 8:00 at the dairy.

Also: If there isn’t, say, a place, then miss out Place AND the particle (で).

Here’s another sentence:

僕が六時三十ぷんにおきるです。

Boku ga roku ji san juu pun ni okiru desu.

 I 6:30 get up.

At 6:30 I get up.